

MICHAEL HERMAN FOLK DANCE SERIES

THE *folk dancers*
RECORD SERVICE

P.O. BOX 201 - FLUSHING, LONG ISLAND - NEW YORK

Swiss
Couple Dance

Instrumental

DER LAUTERBACHER

Michael Herman's
Folk Orchestra

1020 A
D9-CB-1496

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THE
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PO BOX 201 FLUSHING LONG ISLAND NEW YORK

Bulgarian
Circle Dance

Instrumental

TROPANKA

Michael Herman's
Folk Orchestra

1020 B
D9-CB-1497

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P.O. BOX 201 · FLUSHING, LONG ISLAND · NEW YORK

Danish
Group Dance

Album FD 2
Instrumental

SEXTUR

(Six Dance)
(Arr. J. Velt)

Michael Herman's
Folk Orchestra

MH 1021 A
D9-CB-1495

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Danish
Circle Mixer

Album FD 2
Instrumental

TOTUR

(Two Dance)
(Arr. J. Velt)

Michael Herman's
Folk Orchestra

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Swedish
Couple Dance

Album FD 2
Instrumental

VARSOVIENNE

Michael Herman's
Folk Orchestra

MH 1023 A
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German
Group Dance

Album FD 2
Instrumental

WINDMUELLER

(Windmill Dance)

**Michael Herman's
Folk Orchestra**

MH 1023 B

D9-CB-1492

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THE MICHAEL HERMAN FOLK DANCE SERIES

THE
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presents

**FOLK DANCES
OF
MANY LANDS**

SWISS LAUTERBACHER
GERMAN KREUZKOENIG
BULGARIAN TROPANKA
GERMAN WINDMUELLER
SWEDISH VARSOUVIENNE
GERMAN AT THE INN
DANISH TOTUR
DANISH SEXTUR



VOLUME 2

The *folk dancer* presents:

HERE are the records you asked us to make! They're authentically played by native musicians in the correct tempo with both sides usable. You don't have to worry about wrong tempos, wrong repeats unauthentic music on records issued by THE FOLK DANCER. We've produced these records as a result of your requests to do something about better folk dance music. You'll find the interesting musical arrangements just as enjoyable for listening as they are for dancing. More detailed dance directions, music and diagrams for the dances in this album are available from THE FOLK DANCER magazine, P. O. Box 201, Flushing, L. I., N. Y. (\$3.00 yearly.)

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Record MHT020—DER LAUTERBACHER (SWISS COUPLE DANCE)

FORMATION: Couples in double circle around room, inside hands joined (man's R, lady's L) free hands on hip.

PART I

- Meas. 1-2. Two waltz steps forward (counter-clockwise) beginning on man's L, lady's R foot.
- Meas. 3-4. Turn away from partner, once around with 6 steps, dropping hands as you do so, finishing side by side, facing clockwise. Join inside hands again (man's L, lady's R).
- Meas. 5-8. Repeat measures 1-4 clockwise back to place.
- Meas. 9-10. Partners join hands, outstretched at shoulder level, and move to man's L, lady's R thus: (Step is for man, lady does same with opposite foot.) Step to side on L (count 1); pause (count 2); bring R to L (count 3); step to side on L (count 1); pause (count 2); hop on L (count 3).
- Meas. 11-12. Repeat measures 9-10 to the man's R starting with man's R, lady's L foot.
- Meas. 13-14. "Bring the dishing figure" . . . turn around to the man's L, under joined hands with six steps in place.
- Meas. 15-16. Place both hands on hips and stamp in place 1, 2, 3, pause, 4, 5.
- Repeat the whole first part from beginning.

PART II

- Meas. 17-32. With right hands joined overhead and left hands on hip, partners dance counter-clockwise around the circle with 16 waltz steps, lady turning in front of man clockwise as man follows.

PART III

- Meas. 17-32. In shoulder-waist position couples turn with 16 smooth waltz steps clockwise progressing around the circle in counter-clockwise direction.

Dances of Many Lands

Volume 2

a Michael Herman Folk Dance Series

Record MHT022—AT THE INN (GERMAN COUPLE DANCE)

FORMATION: For as many couples as will around the room, partners facing, man's back to center of circle, hands on hips.

PART I

- Meas. 1. All clap own hands together.
- Meas. 2. Clap partner's right hand.
- Meas. 3. Clap partner's left hand.
- Meas. 4. Clap own hands together.
- Meas. 5-8. Join both hands across with partner and turn in place clockwise with 4 step-hops.
- Repeat from beginning.

PART II

- Meas. 9-12. Partners join right hands overhead with left hands on hip. Lady turns clockwise under joined hands as man follows with 4 waltz steps progressing counter-clockwise around circle.
- Meas. 13-16. In ordinary dance position, partners turn with 4 more waltz steps around the circle.
- Repeat from beginning of Part II.

PART III

- Meas. 17-20. Partners join inside hands (man's R, lady's L). Two waltz steps forward (counter-clockwise) in this open position. Turn away from partner, dropping joined hands, with 2 more waltz steps finishing side by side with inside hands joined facing same direction, counter-clockwise.
- Meas. 21-24. Repeat from beginning of Part III (measure 17-20) except at the end finish facing clockwise side by side.
- Meas. 25-32. Join inside hands (man's L, lady's R) and repeat open waltz and turn-away as in measures 17-20 but in opposite direction (clockwise).

Record MHT023—WINDMUELLER (GERMAN GROUP DANCE)

FORMATION: Four couples in square set.

FIGURE I

- Meas. 1-8. All join hands in circle of 8 and take 8 (played twice) step-hops to left and 8 to right.

CHORUS

- Meas. 1-8. Head couples (1 and 3) take ordinary dance position and dance about each other in center, leading to right, back to place with step-hops, the men leaving partners in center of circle back to back.
- Meas. 9-18. Side couples dance around two girls in center as above, back to place, leaving their girls in center too. All 4 girls are in center back to back facing out, men are back in original places.
- Meas. 9-16. All men dance to the left, clockwise, clapping own hands, with 8 step-hops around the girls. Girls clap hands as they stand still.
- Meas. 9-16. Men join right hands with partners, left with left hand lady, forming a windmill cross. Stretch hands taut, ladies press back to back as whole set dances clockwise around with 8 step-hops.
- Meas. 17-23. All drop left hands and continue with grand right and left around the set with a step-hop. Half way around meet partner, stop, bow, and continue grand right and left back to place.
- Meas. 24-32. Men places R arm around lady's waist. Lady places L hand on man's R shoulder. Side by side, walk counter-clockwise around set with 4 walking steps. Then take ordinary dance position and turning clockwise but progressing counter-clockwise around set, take 4 step-hops. Repeat the 4 walking steps in open position, and 4 step-hops in closed position 3 more times until back in place.

FIGURE II

- Meas. 1-8. Ladies join hands in center of circle and circle to the left and to the right 8 step-hops each way. Men stand in place, clapping hands. Do the chorus at end of this figure.
- Meas. 9-32. Chorus as described above.

FIGURE III

- Meas. 1-8. Men join right hands across and hop 8 steps clockwise and left hands back to place with 8 more step-hops. Do the chorus at end of this figure.
- Meas. 9-32. Chorus as described above.

FIGURE IV

- Meas. 1-8. All join hands in a circle with ladies facing out. Circle with 8 step-hops clockwise. Drop left hands and swing around so ladies face in, men face out, and circle with 8 more step-hops. Bow to partner for finish of dance.

Record MHT023—SWEDISH VARSOVIENNE (BALLROOM VERSION)

FORMATION: Couples in a circle facing counter-clockwise. Lady to right of man. Man's right hand behind lady's shoulder so that his right hand holds her raised right hand. Lady's left hand out in front of man's chest and her left hand rests in his left.

FIGURE I

- Meas. 1. Partners change places with 3 walking steps beginning with left foot, lady passing in front of man. Man is now on outside of circle and lady on inside.

- Meas. 2. Place right heel, toes up, slightly forward and to the right. Hold for 3 counts.
- Meas. 3. Partners move back to original places with 3 walking steps beginning with right foot. Lady passes in front of man.
- Meas. 4. Place left heel to floor, hold for 3 counts.
- Meas. 5-8. Repeat measures 1-4.

FIGURE II

- Meas. 9. Beginning with left foot, partners dance forward with 2 walking steps, then hop on right foot. (L, R, hop R.)
- Meas. 10. Repeat measure 9.
- Meas. 11-12. Repeat measures 1 and 2 (changing places).
- Meas. 13. Man is now on partner's right. Both take 2 walking steps forward beginning with right foot and then hop on left foot. (R, L, hop L.)
- Meas. 14. Repeat measure 13.
- Meas. 15-16. Change back to original positions as in measures 3 and 4.

FIGURE III

- Meas. 17-24. In ordinary dance position waltz around the circle counter-clockwise.
- Another version, the peasant Varsovicenne, as well as complete music, diagrams, directions for the ballroom version appear in "Folk Dances for All" by Michael Herman, published by Barnes & Noble.

Record MH1022—KREUZ KOENIG (GERMAN DANCE)

FORMATION: Two couples in a circle, lady to right of man, hands joined, facing center.

FIGURE I

- Meas. 1-2. All leap on left foot to side (count 1); place right foot back of left (count 2); turn half left, and take 4 running steps forward clockwise (counts 3, 1, 2, 3).
- Meas. 3-6. Continue as in measures 1-2, three more times.

FIGURE II

- Meas. 1-8. Two men hook left elbows with right arms around lady's waist. Each holds left hand of opposite woman with own left hand behind other man's back. All run forward (counter-clockwise) with 24 small running steps.

FIGURE III

- Meas. 9-12. All release hands and couples face each other. Men join left hands and step-hop to pass each other, give right hands to opposite woman and turn once around with her. Four step-hops in all.
- Meas. 13-16. Men join left hands once more, pass each other, give right hands to own partners when back to place, twirl her once around clockwise, and partners bow and curtsy. Use step-hop throughout except for final twirl and bow.
- Repeat all of measures 9-16.

FIGURE IV

- Meas. 17. Two couples join hands in circle and dance clockwise with following step. Step forward on left, (count 1); step forward on right, (count 2); hop on right while swinging left foot in front (count 3).

- Meas. 18-20. Repeat measure 17 three more times.
- Meas. 21-22. Release hands in circle formation. Partners join both hands and turn clockwise in place with same step as in measures 17-18 starting on left foot.
- Meas. 23-24. Partners finish figure with 6 running steps turning clockwise.
- Repeat measures 17-24.

FIGURE V

- Meas. 25-28. Men hold partner's right hand and swing her to center of set. This leaves ladies back to back in center. Men give left hands to other lady. THROUGHOUT THIS FIGURE NEVER LET GO RIGHT HANDS: Men run to the left with 12 steps as women dance in place with kicking steps. Whole set moves clockwise.
- Meas. 29. Men release hand of other lady, keeping right hands joined with partner, men swing women to the outside as they move to a back-to-back position in center. Ladies run around outside to join left hands with opposite man. Three running steps are used in making the change.
- Meas. 30-32. With men back to back, ladies on outside, the set revolves clockwise as in measures 25-28.
- Repeat measures 25-32. At end of repeat, all release hands, men turn to face center, find they have a new partner on right and repeat the whole dance with new partner.
- Music, complete directions and diagrams in "Folk Dancing for All" by Michael Herman, published by Barnes & Noble.

Record MH1021—SEXTUR (DANISH GROUP DANCE)

FORMATION: Six couples in a circle numbered off from one to six, lady to right of man.

FIGURE I

- Meas. 1-8. All slide 16 steps to left with hands joined.
- CHORUS
- Meas. 9-10. Couples 1 and 4 with inside hands joined, dance towards each other with a chassés step and two ordinary walking steps. (See Totur directions measures 9-16.) Return to place with same step.
- Meas. 11-12. Couples 2 and 5 dance forward and back in same manner starting the step as couples 1-4 proceed back to place.
- Meas. 13-14. Couples 3 and 6 dance forward and back in the same manner starting as couples 2 and 5 dance back to place.
- Meas. 15-16. Couples 3 and 6 dance back to place in preparation for next figure.
- Meas. 17-24. Grand right and left, with walking step, all the way around without a stop or bow to home.

FIGURE II

- Meas. 1-8. Ladies join hands in center and slide once around slowly to home as men clip. Then all do the chorus described above.

FIGURE III

- Meas. 1-8. Men join hands in center and slide twice around quickly to home as ladies clip. Then all do chorus described above.

FIGURE IV

- Meas. 1-8. In shoulder waist position all pivot in place with walking step. Then all do the chorus.

FIGURE V

- Meas. 1-8. All join hands, slide to left 16 counts. Complete dance with music, diagrams, detailed directions in "Folk Dances for All" by Michael Herman, published by Barnes & Noble.

Record MH1020—TROPANKA (BULGARIAN)

- FORMATION: Broken circle, no partners, hands joined.
- Meas. 1-2. Five running steps to right beginning with R foot, stamp twice with L foot.
- Meas. 3-4. Five running steps to left beginning with L foot, stamp twice with R.
- Meas. 5. Facing center, step-hop on right swinging left in front, step-hop on left, swing right in front.
- Meas. 6. Step on R, stamp twice with left.
- Meas. 7. Step-hop on left, step-hop on right.
- Meas. 8. Step on L, stamp twice with right.
- Meas. 9. Step-hop on right moving to center, step on left continuing to center.
- Meas. 6. Step on R, stamp twice with left.
- Meas. 8. Step-hop backwards, away from center on left, step-hop backwards on right.
- Meas. 9. Step on left, stamp twice with right. Repeat from beginning.
- Detailed directions, diagrams, music in "Folk Dances for All" by Michael Herman, published by Barnes & Noble.

Record MH1021—TOTUR (DANISH MIXER)

FORMATION: Couples in single circle all hands joined at shoulder level, elbows bent. Lady stands to right of man.

INTRODUCTION

- Meas. 1-8. All walk to the left 16 walking steps and 16 steps to the right.

FIGURE I

- Meas. 9-16. Couples take ballroom position with joined hands pointing to center of circle. Walk forward toward center of circle with chassés thus: (Man's step, lady does same with opposite foot) Step forward on left (count 1); bring right foot to left (count and); step forward on left foot (count 2); pause (count and); take two walking steps forward in same direction. The step would be, step-together-step, walk, walk.
- Meas. 11-12. Dance back to place with same step moving backwards, man stepping back on right, dose with left, right back, and 2 walking steps left and right.
- Meas. 13-16. Partners do two-step polka turning clockwise and moving counter-clockwise around the circle with four polka steps.
- Repeat Measures 9-16.

FIGURE II

- Meas. 1-8. Partners do Grand Right and Left with a walking step for 16 steps. Repeat dance from beginning with new partner. There should be an odd number of couples in set to make it a mixer.